

# rural mentor



learning in partnership

**Assisting those in rural professions  
by offering mutually beneficial partnerships  
between mentors and mentees  
through focused support and discussion.**

Mentees receive guidance, support and  
encouragement whilst the mentor has the  
opportunity to assist development in the rural sector.



[www.ruralmentor.co.nz](http://www.ruralmentor.co.nz)

## **Being a MENTEE - you might seek a mentor because:**

You are working in a new environment, need a fresh look at what you are doing, wanting a sounding board for your work and business, are looking at advancing yourself within the industry, are looking for a challenge, are wanting to upskill knowledge and practical experience, seeking assistance to sustain you and your business, require assistance in goal setting, decision making or problem resolution skills.

## **To gain maximum benefits you need to:**

Be willing to openly share with your mentor, clearly define expectations of the partnership, be motivated to develop your own career or business, be open to receiving feedback and suggestions, be willing to accept challenges, be committed to working through issues and be honest.

---

## **A MENTOR is required to:**

Provide a listening ear, have empathy for others, offer support and guidance, encourage and motivate, act as a sounding board, commit time to the partnership and treat all information in a confidential manner.

## **The benefits include:**

Satisfaction of assisting others to grow their business, developing skills and knowledge, widening one's network through interaction with the mentee and other mentors, opportunities to share knowledge and experience, opportunity to contribute to the industry and to build leadership skills.

**For more information contact the programme co-ordinator on [info@ruralmentor.co.nz](mailto:info@ruralmentor.co.nz) or 0800 787 256 or visit the website to complete an application form.**



Rural Mentor, PO Box 9078, Hamilton  
Freephone: 0800 RURAL MENTOR (0800 787 256)  
Fax: 07 838 3191  
[info@ruralmentor.co.nz](mailto:info@ruralmentor.co.nz) [www.ruralmentor.co.nz](http://www.ruralmentor.co.nz)

**[www.ruralmentor.co.nz](http://www.ruralmentor.co.nz)**